

2021-2022 Fall Sports Information

Flag Football

Cost- \$160

Grades- 5-8th grade boys and girls

Practices start- TBA: Last week of August

Games start- Sunday, September 12th

Volleyball

Cost- \$130

Grades- 5-8th girls

Practices start- TBA: Last week of August

Games start- Saturday, September 18th

Cheerleading/Spirit Squad

Cost - \$75

Grades- 3rd-8th girls

Practices- Monday and Thursdays 3:30-4:30

Practices will start in September [Thursday 9/2 first practice SPX gym]

Cheerleaders will only perform at pep rallies and other school related events. They will not be competing through the DPL this year. This should NOT interfere with volleyball games and practices. Students may participate in both cheerleading and volleyball.

Important dates to know:

Fall sports meeting: Friday August 13th @ 6PM Communion Hall

Sports registration and payment: Wednesday, August 18th

Sports physicals- Due September 1st

How to Register:

Sports registration and payments will be done online thru FACTS. All registration and payments must be made by Wednesday, August 18th. We will go over how to register at the sports meeting on August 13th.

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Sports Physicals

- All students will need a physical done by a doctor before participating in any sports.
- Physicals need to be completed and turned in by September 1
- Sports physical forms can be found on the schools website under athletics

Coaching

- We will need volunteer coaches for all SPX team. We will need head and assistant coaches for each sport. If you are interested in coaching please let me know ASAP.
- Coaches are required to attend a Play Like a Champion Workshop; dates will be provided by the DPL asap.